

I. We must understand that we are valuable to God

A. We have a Heavenly Father that loves us

“Cast all your anxiety on him because he cares for you.” (1 Peter 5:7)

B. We have a Heavenly Father who provides for us

II. We need to stop worrying because it doesn't work

A. Worry is a wasteful use of time

B. Worry will only provide us with pain

III. We should choose to trust God

A. Worry reveals a lack of faith in God

“Without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.” (Hebrews 11:6)

B. We trust God through prayer

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.” (Philippians 4:6)

C. We trust God by accepting his promises

IV. We need to know that God knows what we need

A. Our needs will drive us to focus on getting our needs met

B. Our heart can lead us to focus on God who provides

“We fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.” (2 Corinthians 4:18)

V. We must choose to put God first in our lives

A. We make our priority the Kingdom of God

B. We experience the provision of God

“And my God will meet all your needs according to his glorious riches in Christ Jesus.” (Philippians 4:19)

C. We experience freedom from fear

VI. We can choose to invest in eternal investments

- A. We should give to help those in need
- B. We should give to support God's work
- C. Where we give will reveal our heart